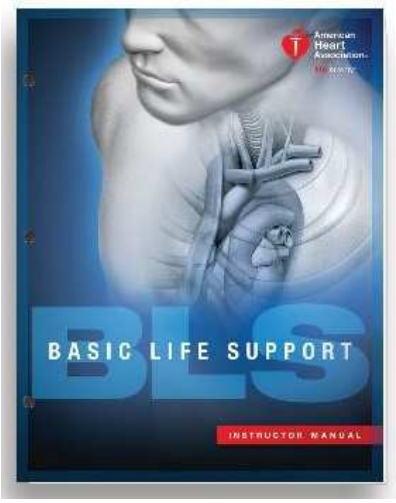
ECC Product Announcement

American Heart Association®
life is why™

CPR & First Aid



Product Type:	Print
Product Name:	***Basic Life Support (BLS) Instructor Manual***
Product Number:	15-1009
ISBN:	978-1-61669-406-7
Replaces Product?	Yes, this product supersedes the *BLS for Healthcare Providers Instructor Manual* (product #90-1038) and the *BLS for Prehospital Providers Instructor Supplement* (product #90-1087).
Product Retail Price:	$36.25
Product Market:	Healthcare
Ordering Information:	Order through AHA Distributors
Date Available:	February 16, 2016

Course Description:
BLS is the foundation for saving lives after cardiac arrest. The AHA's BLS Course has been updated to reflect new science in the *2015 American Heart Association Guidelines Update for CPR and Emergency Cardiovascular Care (2015 AHA Guidelines for CPR and ECC)*. This video-based, Instructor-led course teaches both single-rescuer and team basic life support skills for application in both in-facility and prehospital settings.

After successfully completing the BLS Course, students should be able to

- Describe the importance of high-quality CPR and its impact on survival
- Describe all of the steps of the Chain of Survival and apply the BLS concepts of the Chain of Survival
- Recognize the signs of someone needing CPR
- Perform high-quality CPR for adults, children and infants
- Describe the importance of early use of an AED and demonstrate its use
- Provide effective ventilations by using a barrier device
- Describe the importance of teams in multirescuer resuscitation and perform as an effective team member during multirescuer CPR
- Describe the technique for relief of foreign-body airway obstruction (choking) for adults and infants

Product Specifications:
The *BLS Instructor Manual* includes essential information and Lesson Plans that AHA BLS Instructors need to teach BLS courses, including the full classroom and the blended learning versions.

Following are the specifications for the *BLS Instructor Manual*:

- 8.375" x 10.875" manual
- Includes 64 pages of full-color images and text
- Contained within a full-color soft cover
- Includes 40 Lesson Plans for the Instructor-led course and 40 Lesson Plans for the blended learning course
- Includes 6 divider page tabs
- Includes the BLS Instructor CD with the following supplemental information and tools:
  Precourse Materials
    - Equipment List
    - Sample Precourse Letter to Students (Classroom Course)
    - Sample Precourse Letter to Students (HeartCode BLS)
    - Sample BLS Course Agenda
    - Sample HeartCode BLS Agenda

- BLS Instructor CD contents, continued
  Course Materials
  - Adult CPR and AED Skills Testing Checklist
  - Skills Testing Critical Skills Descriptors
  - Infant CPR Skills Testing Checklist
  - Skills Testing Critical Skills Descriptors
  - Team Dynamics Diagram
  - Summary of High-Quality CPR Components for BLS Providers
  - BLS Lesson Plans
  - Blended BLS Lesson Plans
  - Life Is Why™ Activity Page
- 3-hole drilled, unbound
- Shrink-wrapped

Intended Audience:
This course is designed for healthcare professionals and other personnel who need to know how to perform CPR and other basic cardiovascular life support skills in a wide variety of in-facility and prehospital settings.

The *BLS Instructor Manual* is for use by AHA BLS Instructors. Each Instructor must have his/her own copy of the Instructor manual for teaching the BLS Course.