

Psychiatric Mental Health Nurse Practitioner

The following prospectus offers documentation explaining the implementation of the Psychiatric Mental Health Nurse Practitioner (PMHNP) degree with a post-master option to the Masters of Science in Nursing (MSN) programs at Cox College.

- The MSN department has produced advanced practice nurses since 2010 and is accredited by the Commission on Collegiate Nursing Education (CCNE).
- The Psychiatric Mental Health Nurse Practitioner track will serve as the third graduate nursing degree offered at the institution.

The Family Psychiatric Mental Health Nurse Practitioner (PMHNP) practice degree is in response to the growing need for specialists who can provide comprehensive psychiatric-mental health nursing care to patients in need of mental health services through the life span.

- Cox College recognizes mental illness has become a significant cause of morbidity and mortality in the United States (U.S.) with few individuals unaffected by the diseases.
- According to, the National Institute of Mental Health (NIMH) (2013), depressive disorders affect more than 18 million people in the U.S.
- By 2030, it is estimated that depression will be the leading cause of overall disease burden across the globe, regardless of age, gender, or income (Buttaro et al., 2013).
- Therefore, over the last decade, mental illness has gained increased attention from the public health community (Centers for Disease Control & Prevention [CDC], 2009).
- Mental health is one of the Healthy People 2020 Leading Health Indicators requiring priority action (Office of Disease Prevention and Health Promotion, 2016).

The Cox College PMHNP program will provide entry at either the Post-MSN or Bachelor of Science in Nursing (BSN) level and will be an ongoing degree program.

- The PMHNP program will admit students annually in the fall of 2018, continuing with annual fall admission.
- Spring 2018 admission deadline
- MSN students with advanced nursing practice degrees prepared as nurse practitioners, clinical nurse specialists, certified registered nurse anesthetist, and nurse midwives are eligible for admission to the Post-MSN PMHNP option.
- The Post-MSN option will also be available to those with an MSN in nursing education.
- The PMHNP students will graduate the program prepared to sit for national certification.
- The 21-credit hour Post-MSN and 42-credit hour BSN to MSN will utilize didactic online course delivery methods with on-site clinical experiences.

Master of Science in Nursing (MSN) Degree Program Overview

The Master of Science in Nursing (MSN) Program is designed for the working nurse (although full-time work is strongly discouraged in the Family Nurse Practitioner [FNP] and Psychiatric Mental Health Nurse Practitioner [PMHNP] program) and can be completed in 24 months of fulltime study. Course work is primarily online and curriculum is designed to allow admission throughout the academic year.

The MSN degree offers 36-42 credits and upon completion of the degree, the graduate is eligible to take the national certification exam as Family Nurse Practitioner, Psychiatric Mental Health Nurse Practitioner, or Nurse Educator.

The MSN program at Cox College offers post-master certificates as a Family Nurse Practitioner, Psychiatric Mental Health Nurse Practitioner, or Nurse Educator. These programs are designed for the MSN who would like to further specialize in either track. These programs offer 15-22 credit hours for completion.

Division of Interprofessional Research & Graduate Studies Mission

The Cox College Interprofessional Graduate Programs are committed to excellence in preparing advanced health care practitioners who implement research and critical thinking to deliver evidence-based care in an interprofessional environment.

Mission

To provide excellence in educational programs that prepares nurses at the master's levels.

Philosophy of Nursing

The faculty of Cox College has chosen the following concepts to be included in the philosophy: human beings, society, health, nursing, learning and nursing education.

Human beings are unique holistic individuals with intrinsic value, having the right to be treated with respect and dignity from conception to end of life. Humans influence and are influenced by two interrelated forces, the internal and external environments. The internal environment consists of biological, psychosocial, and spiritual factors, whereas the external environment consists of socio-cultural, political, economical, physical and technological factors. Humans have rational power and personal values that affect self, others and environment, and have a right to be treated with respect and dignity. Human beings are social beings who constitute groups, with groups forming societies.

Society, characterized by cultural norms, beliefs and mores, defines the rights and responsibilities of its citizens and communities. Social organization allows procurement of benefits and

resources for individuals and groups that might not be otherwise realized. Social organization addresses distribution of limited resources such as health care seeking to provide the highest benefit for greatest number as an ongoing imperative.

Health is a dynamic state in which the individual is constantly adapting to changes in the internal and external environment. A state of health is viewed as a point existing on a continuum from wellness to death. The meaning of health varies with the perception of each human being. The purpose of the health care delivery system is to assist individuals in achieving their optimal wellness and a state of being, by utilizing a multidisciplinary approach that is sensitive to both environmental resources and constraints.

Nursing is a synergy of art and science. The science of nursing is based on principles and theories of nursing, behavioral, and natural sciences, which embody knowledge, skills and professional values, which are applied in a caring manner. The art of nursing, grounded in the humanities, is exemplified by the characteristics of caring that include commitment, authenticity, advocacy, responsiveness, presence, empowerment and competence. Nurses accept and respect cultural differences and develop skills to provide ethical, compassionate care.

The goals of nursing practice are to promote wellness, prevent illness, restore health and facilitate healing. Nursing process provides the framework for decision making and problem solving. Recipients of nursing care may be individuals, families, groups or communities. Nurses practice within legal, ethical and professional standards in the health care delivery system. A variety of nursing roles and practice settings offer nurses the opportunity to collaborate within a complex system while making a unique contribution. As a vital humanitarian service within society, nurses function in the interrelated roles of provider, manager, leader and research scholar.

Learning is a lifelong process influenced by conditions in the environment. Evidenced by changes in behavior, learning involves development in the cognitive, affective and psychomotor domains. Students are expected to be self-directed, goal-oriented and actively involved in the learning process. Faculty facilitates the learning process by creating a flexible environment and planning goal-oriented experiences. Respect for individuality, freedom of expression, shared decision making and mutual trust promote reciprocal relationships and create an optimal learning environment. Faculty accepts responsibility for acting as role models and stimulating intellectual curiosity, critical thinking, self-awareness and promoting lifelong learning.

Nursing education prepares individuals to perform at various levels of decision making, which range from those based on accepted nursing knowledge, skills and values to those that require a complex organization of these components. Nursing knowledge which is further supported by evidence is foundational to professional nursing and is emphasized at all levels of nursing education. Each level of nursing education is valued for their contributions and collaborative

Appendix O: Faculty Curriculum Consultant

work to achieve unity of effort. Faculty value educational mobility and individual choice in educational pathways.

Graduate education in nursing further prepares registered nurses who have professional knowledge and experience in leadership, advanced practice and education. The graduate program builds upon a foundational baccalaureate education by providing opportunities for professional registered nurses to develop expertise in the role of family nurse practitioner (FNP) or nurse educator (NE). These advanced practice roles provide a portal for meeting the needs of an evolving health care delivery system. Core graduate coursework facilitates dialogue within the interrelated context of clinical practice and education. (Revised 10/2011)

Scope of Practice

Students in the MSN program practice under their state Nurse Practice Act. They also practice by the ANA Code of Ethics.

Program Tracks

Family Nurse Practitioner track prepares baccalaureate registered nurses seeking to become Advance Practice Nurses who provide primary health care to clients across the life-span. Admission for this track is in the spring and fall semester. This track includes online didactic coursework, and clinical practicums.

Psychiatric Mental Health Nurse Practitioner track prepares baccalaureate registered nurses seeking to become Advance Practice Nurses who provide holistic care to clients across the life span, which bridges the common gap between physical and mental health care. Admission for this track is in the fall semester. This track includes online didactic coursework and clinical practicums.

Nurse Educator track prepares baccalaureate registered nurses who aspire to an educator role in colleges or university nursing programs or other health care organizations. Admissions for this track is in the fall semester. This track includes didactic coursework and clinical practicums.

MSN Course Descriptions

<u>Course Number</u>	<u>Course Name</u>	<u>Credit Hours</u>
MSN 502	Leadership in Health Care and Nursing Education Systems	3
MSN 504	Advanced Physiology and Pathophysiology	3
MSN 506	Ethical and Legal Practice in Health Care	3
MSN 508	Role of the Advanced Practice Nurse I^	1
MSN 510	Advanced Pharmacology	3
MSN 512/513	Advanced Physical Assessment (includes 60 clinical hour)	2/1
MSN 525	Evidence-based Practice (EBP) in Health Care	4
MSN 528	EBP Project Design & Implementation	1
MSN 529	EBP Project Design & Implementation	1
MSN 626	Role of APN II	1
MSN 640	Family & Child Dynamic	3
MSN 642	Advanced Psychopharmacology	2
MSN 644/645	Counseling & Psychotherapy	2/2
MSN 646/647	Psychotherapy across the Life Span	3/3
MSN 649	PMHNP Practice Practicum	4

NOTE: MSN program core courses have a 500 number and the MSN “track” courses have a 600 number.

PMHNP Prerequisites* and Co-requisites**

The MSN student is responsible for having the appropriate prerequisites prior to enrollment in a course. Course registration will be cancelled if the appropriate prerequisites have not been completed. All courses must be taken in sequence according to the program plan of study, and passed with a progression grade of an 85% or higher. Any questions or concerns regarding the prerequisites should be answered by consulting with the student's academic advisor.

Course Title	Course Number	Prerequisite(s)	Pre/Co-requisites
Leadership in Health Care and Nursing Education Systems	502	Undergraduate Leadership or Equivalent	None
Advanced Physiology and Pathophysiology	504	Undergraduate Pathophysiology or Equivalent	None
Ethical and Legal Practice in Health Care	506	Undergraduate Ethics or Equivalent	None
Role of the Advance Practice Nurse I	508	Current RN-BSN or Admission to MSN Program	None
Advanced Pharmacology	510	Undergraduate Pharmacology or Equivalent (If student did not have discrete undergraduate course, strongly encouraged discussion with advisor)	None
Advanced Physical Assessment	512	Undergraduate Assessment or Equivalent	None
Advanced Physical Assessment Practicum	513	Undergraduate Assessment or Equivalent	None
Evidence-Based Practice in Health Care	525	Math 227 & Undergraduate Research or Equivalent	None
Evidence-Based Practice Project	528	MSN525 or Equivalent	None

Design & Implementation			
Evidence-Based Practice Project Design & Implementation	529	MSN 525, 528 or Equivalent	None
Family & Child Dynamic	640	504, 510, 512/513	508
Advanced Psychopharmacology	642	504, 510, 512/513	640
Counseling & Psychotherapy	644	504, 510, 512/513, 640	642
Counseling & Psychotherapy Practicum	645	504, 510, 512/513, 640	642
Psychotherapy Across the Life Span	646	504, 510, 512/513, 640, 642, 644/645	None
Psychotherapy Across the Life Span Practicum	647	504, 510, 512/513, 640, 642, 644/645	None
Role of the Advanced Practice Nurse II	626	504, 508, 510, 512/513, 640, 642, 644/645, 646/647	628
PMHNP Practice Practicum	649	504, 510, 512/513, 640, 642, 644/645, 646/647, 626	626

* A prerequisite is defined as a course that must be completed before acceptance into a higher-level course.

* A Pre/Co-requisite is defined as a course that may be taken prior to OR simultaneously with the higher-level course

Note: list is based upon fulltime two-year Family Nurse Practitioner (FNP) and Nurse Educator (NE) course loads. Part-time students may have variations and will be determined with advisor.

Post-Master's PMHNP Degree Requirements

<u>Course Number</u>	<u>Course Name</u>	<u>Credit Hours</u>
MSN 508	Role of the Advanced Practice Nurse I^	1
MSN 626	Role of APN II	1
MSN 640	Family & Child Dynamic	3
MSN 642	Advanced Psychopharmacology	2
MSN 644/645	Counseling & Psychotherapy	2/2
MSN 646/647	Psychotherapy across the Life Span	3/3
MSN 649	PMHNP Practice Practicum	4

NOTE: MSN program core courses have a 500 number and the MSN “track” courses have a 600 number.

Post-Master's PMHNP Prerequisites* and Co-requisites**

The MSN student is responsible for having the appropriate prerequisites prior to enrollment in a course. Course registration will be cancelled if the appropriate prerequisites have not been completed. All courses must be taken in sequence according to the program plan of study, and passed with a progression grade of an 85% or higher. Any questions or concerns regarding the prerequisites should be answered by consulting with the student's academic advisor.

Course Title	Course Number	Prerequisite(s)	Pre/Co-requisites
Role of the Advance Practice Nurse I	508	Current RN-BSN or Admission to MSN Program	None
Family & Child Dynamic	640	504, 510, 512/513	508
Advanced Psychopharmacology	642	504, 510, 512/513	640
Counseling & Psychotherapy	644	504, 510, 512/513, 640	642
Counseling & Psychotherapy Practicum	645	504, 510, 512/513, 640	642
Psychotherapy Across the Life Span	646	504, 510, 512/513, 640, 642, 644/645	None
Psychotherapy Across the Life Span Practicum	647	504, 510, 512/513, 640, 642, 644/645	None
Role of the Advanced Practice Nurse II	626	504, 508, 510, 512/513, 640, 642, 644/645, 646/647	628
PMHNP Practice Practicum	649	504, 510, 512/513, 640, 642, 644/645, 646/647, 626	626

Appendix T: PMHNP Course Descriptions

* A prerequisite is defined as a course that must be completed before acceptance into a higher-level course. * A Pre/Co-requisite is defined as a course that may be taken prior to OR simultaneously with the higher-level course

MSN 502 Leadership in Health Care and Nursing Education Systems 3 credit hr.

This course will provide a comprehensive working knowledge and set of skills for Nurse Educators, Clinical Nurses in Leadership, and Advanced Practice Nurse positions to implement in their practice. Advanced concepts of leadership and management and case studies using the techniques will be used.

Learning Outcomes:

1. Apply leadership and management skills
2. Differentiate situations in which each of the problem-solving skills and knowledge of leadership and management are indicated
3. Document personal case studies of professional interactions that required leadership and share in scholarly paper
4. Analyze and describe own leadership and management style and document it in a portfolio for submission as a course requirement

MSN 504 Advanced Physiology and Pathophysiology 3 credit hr.

This course is designed to provide the master's prepared nurse educator, family nurse practitioner, and psychiatric mental health nurse practitioner with an advanced understanding of the concepts of human physiology and pathophysiology at the advanced nursing level. It will assist the graduate to develop refined analytical skills, connect theory and practice, and articulate viewpoints and positions based on evidence-based research and practice guidelines.

Learning Outcomes:

1. Develop a working knowledge of advanced physiology and pathophysiology concepts as support for enhanced collaboration within nursing and across disciplines.
2. Utilize critical thinking and decision-making skills to identify and articulate linkages between the pathophysiological basis of disease processes, client characteristics, and client needs, within the health care delivery system.
3. Apply advanced physiology and pathophysiology concepts to formulate care for clients with complex health care deviations.

MSN 506 Ethical and Legal Practice in Health Care 3 credit hr.

The student analyzes the ethical and legal components of the health care system that decide and mold the delivery of care. Case studies and research of current third party, cultural and economic

forces will be examined by the student and faculty; relationships to practice and education will be presented in a debate session by students and the community.

Learning Outcomes:

1. Present a scholarly paper on the health care system dilemmas and forces that effect delivery of care or nursing education.
2. Examine the points of care/service and the implications of each on the health care of a defined community.
3. Prepare critical research and background arguments for legal, ethical and political issues effecting health care to a multidisciplinary audience.

MSN 508 Role of the Advanced Practice Nurse I[^]

1 credit hr.

This course is designed to provide the advanced practice graduate with a working knowledge of advanced practice concepts applicable to the family nurse practitioner (FNP) and psychiatric mental health nurse practitioner (PMHNP) role. These concepts include historical perspectives of the role, epidemiology, evidence-based practice and the evolving scope of practice related to changes in health care delivery systems. This is a track course for the FNP and PMHNP student, but may be used as an elective for the CNL or NE tracks.

Learning Outcomes:

1. Develop a working knowledge of the role of the advanced practice nurse.
2. Identify barriers including ethical issues to the practice of the APRN and EBP solutions to address them.
3. Discuss and compare various roles of the advanced practice nurse including scope of practice differences and similarities.
4. Identify and explore current NP practice issues.
5. Explore the NP role around the world and compare with NPs in the US.

MSN 510 Advanced Pharmacology

3 credit hr.

This course is designed to provide the master's prepared nurse educator, family nurse practitioner, and psychiatric mental health nurse practitioner with an advanced understanding of the concepts of pharmacotherapeutic. It will assist the graduate to apply evidence-based research and practice guidelines to individual clients and to client populations.

Learning Outcomes:

1. Develop a working knowledge of advanced pharmacotherapeutic concepts as support for enhanced collaboration within nursing and across disciplines.
2. Utilize critical thinking and decision making skills to identify and articulate linkages between the pathophysiologic basis of disease processes and advanced pharmacotherapeutic principles underlying treatment regimens.

3. Apply advanced pharmacotherapeutic concepts to formulate care for clients with complex health care deviations.
4. Delineate the care needs of individual clients in the context of client care delivery systems to most equitably meet the needs of each individual client and ensure optimal outcomes.
5. Implement the advanced role of the nurse as clinical systems manager or nursing educator utilizing evidence-based research and practice guidelines.
6. Enhance understanding to facilitate dissemination of advanced pharmacotherapeutic concepts to students and those within health care enterprises within the context of theoretical foundations of nursing practice.

MSN 512/513 Advanced Physical Assessment (2 credit) / Practicum (1 Credit) 3 credit hr.

This course is designed to provide the masters prepared nurse educator, family nurse practitioner, and psychiatric mental health nurse practitioner with an advanced understanding of principles of physical assessment to enable application in advanced practice settings. Informed by concepts of advanced pathophysiology and advanced pharmacology, this course will assist the graduate to develop refined analytical skills, connect theory with practice, and articulate viewpoints and positions based on evidenced-based research and practice guidelines.

Learning Outcomes:

1. Expand health assessment skills based on advanced knowledge of pathophysiology and pharmacotherapeutics, as support for enhanced collaboration within nursing and across disciplines.
2. Apply advanced understanding of the concepts of pathophysiology and pharmacotherapeutics to focus client interview, health history review, and physical assessment strategies for clients with complex health deviations within the scope and standards of professional practice.
3. Recognize and discriminate between normal and abnormal physical assessment findings and formulate plans of care within the framework of the nursing process at the advanced practice level.
4. Utilize data collected to make decisions in determining effective utilization and distribution of resources to provide care aimed at optimal client outcomes.
5. Implement the advanced role of the clinical nurse leader, family nurse practitioner, or nursing educator utilizing evidence-based research and practice guidelines.

MSN 525 Evidence-based Practice (EBP) in Health Care 4 credit hr.

This course integrates the science of knowledge utilization with the science of knowledge generation. The critical appraisal of available evidence guides the health care professional's decisions towards safe and effective clinical or educational practice.

Learning Outcomes:

1. Demonstrate effective, professional writing skills
2. Gain understanding of knowledge generation concepts
3. Access relevant research evidence for select clinical or educational practice problems
4. Perform critical analysis of available evidence and/or practice guidelines
5. Utilize the framework of knowledge utilization science for clinical or educational practice
6. Formulate a PICOT question to guide further project design

MSN 528 EBP Project Design & Implementation 1 credit hr.

This course is the design of a project addressing an identified clinical or educational practice issue. The student collaborates with identified faculty and practitioners in the design of a quality improvement project or research replication.

Learning Outcomes:

1. Demonstrate effective professional writing skills.
2. Refine an identified PICOT project that addresses an identified clinical or educational practice need.
3. Develop collaborative relationships with faculty and appropriate practice professionals.
4. Develop skills of systematic assessment regarding identified PICOT project.
5. Design a time line for PICOT project implementation.

MSN 529 EBP Project Design & Implementation 1 credit hr.

This course is the design of a project addressing an identified clinical or educational practice issue. The student collaborates with identified faculty and practitioners in the design of a quality improvement project or research replication.

Learning Outcomes:

1. Demonstrate effective professional writing skills.
2. Refine an identified PICOT project that addresses an identified clinical or educational practice need.
3. Develop collaborative relationships with faculty and appropriate practice professionals.
4. Develop skills of systematic assessment regarding identified PICOT project.
5. Design a time line for PICOT project implementation.

MSN 640 Family & Child Dynamics 3 credit hr.

This course prepares Psychiatric Mental Health Nurse Practitioner (PMHNP) to work in partnership with families and other professionals to meet developmental, health, and mental health needs of children and families. This course explores the care of children and adolescents with mental health challenges and their families. Functional and dysfunctional family dynamics

are examined. Evidence-based practices are incorporated into planning community based care for the child/adolescent with mental health challenges and their families.

Learning Outcomes:

1. Recognize functional and dysfunctional family relationships impacting child and adolescent development and behavior.
2. Describe the role of risk and protective factors in promoting child/adolescent well-being and the development of child/adolescent mental health problems.
3. Examine the perspectives of parents and care providers in systems of care.
4. Analyze the role of cultural competence in family and child/adolescent services.
5. Synthesize social factors impacting health and mental health services available to families and child/adolescents.
6. Integrate ethical principles into the care of families, children, and adolescents.

MSN 642 Advanced Psychopharmacology 2 credit hr.

This course provides scientific knowledge of psychopharmacology and its application to treatment of clients with psychiatric disorders across the lifespan. The course examines the advanced concepts in neuroscience, pharmacokinetics, and pharmacodynamics of psychotropic drugs and applications of psychopharmacology in the treatment and management of mental health disorders. Substance abuse is explored within context of mental health disorders.

Learning Outcomes:

1. Identify pharmacotherapeutics of major drug classifications and application in psychopharmacology.
2. Demonstrate normal and abnormal neurophysiology in mental health disorders.
3. Describe mechanisms of action for prototypical drugs, neurotransmitters, and hormones.
4. Evaluate substance abuse in context of dependence and addiction.
5. Utilize evidence based protocols for guidance in pharmacotherapeutics.

MSN 644/645 Counseling & Psychotherapy (2 credit) Practicum (2 cr.) 4 credit hr.

This course explores the guiding principles and ethics of counseling and therapeutic milieu. Techniques of counseling are interfaced with relationships features of clinical psychotherapy.

Learning Outcomes:

1. Recognize the scope and goals of counseling.
2. Evaluates the health impact of multiple life stressors and situational crises within the context of the family cycle.
3. Explore ethical dimensions of counseling and therapeutic relationships between nurse and client.
4. Address cultural competence issues in counseling services

5. Utilize techniques of counseling in context of psychotherapy.

MSN 646/647 Psychiatric Management across the Life Span (3 cr.) Practicum (3 cr.) 6 credit hr.

This survey course addresses psychotherapeutics as applicable to client populations across the life span. Course content explores both didactic and clinical applications integrating psychosocial development, psychopharmacology, and psychotherapy in context of mental health disorders.

Learning Outcomes:

1. Explore techniques of psychotherapy specific to clients across the life span.
2. Identifies both typical and atypical presentations of psychiatric disorders and related health problems.
3. Orders and interprets findings of relevant diagnostic and laboratory tests.
4. Integrate psychopharmacology into evidence based treatment plans for clients across the life span.
5. Function as a member of a collaborative team in planning of care for clients across the life span.
6. Utilize evidence based practice guidelines in planning care for clients across the life span.
7. Plan care that holistically addresses health care needs inclusive of physical, developmental, and mental health.
8. Design care that is evidence-based meeting mental health care needs of clients across the life span.

MSN 626 Role of the Advance Practice Nurse II^ 1 credit hr.

This course builds on MSN 508, the MSN core courses and the Family Nurse Practitioner (FNP) and Psychiatric Mental Health Nurse Practitioner (PMHNP) population-based courses. It prepares the student for the transition into the role of the FNP or PMHNP. The focus is on managing assistive personnel, coding/billing concepts relevant to the FNP or PMHNP practice, role articulation as a member of the health care team and preparation for the FNP or PMHNP certification examination. A course required for the FNP and PMHNP track.

Learning Outcomes:

1. Assess how regulatory, legal and legislative issues impact advanced practice nurses.
2. Differentiate between the scope and standards of practice for registered nurses and advanced practice nurses.
3. Examine the role of the advanced practice nurse and their function in the state the student will practice in and in the healthcare system.

MSN 649 PMHNP Practice Practicum 4 credit hr.

This course is an immersion experience into clinical mental health practice and the role of the Psychiatric Mental Health Nurse Practitioner. Collaborative practice models are explored. A portion of the student's practicum hours may be devoted to a population of interest furthering the depth of clinical expertise.

Learning Outcomes:

1. Function as a member of a collaborative team in planning of care for clients.
2. Differentiates psychiatric presentations of medical conditions from psychiatric disorders and arranges appropriate evaluation and follow-up.
3. Implement specific psychotherapy modalities under supervision of clinical experts progressing to independence.
4. Integrate psychopharmacology into evidence based treatment plans.
5. Utilize evidence based practice guidelines in planning care.
6. Participate in select clinical practice improvement projects utilizing evidence based practice principles.

PMHNP Plan of Studies



MSN Program: Psychiatric Mental Health Nurse Practitioner Sample Full Time Plan of Study (Fall Admission)

Year 1

<u>Fall Semester –</u>		<u>Spring Semester –</u>	
MSN 504 Advanced Pathophysiology • 16 weeks	3	MSN 506 Ethical/Legal • 1 st or 2 nd 8-week section	3
MSN 508 Role of APN • 1st or 2nd 8-week section	1	MSN 525 EBP in Health Care • 16 weeks	4
MSN 510 Advanced Pharmacology • 16 weeks	3	MSN 642 Advanced Psychopharmacology • 16 weeks	2
MSN 512/513 Advanced Assessment • 16 weeks • 60 Clinical Hours	2/1	MSN 644/645 Counseling & Psychotherapy • 16 weeks • 120 Clinical Hours	2/2
MSN 640 Family & Child Dynamic • 8 weeks	3		
	13		13

Year 2

<u>Fall Semester –</u>		<u>Spring Semester –</u>	
MSN 502 Leadership • 1st or 2nd 8-week section	3	MSN 529 EBP Project Design & Implementation • 16 weeks	1
MSN 528 EBP Project Design & Implementation • 16 weeks	1	MSN 626 Role of APN II • 1st or 2nd 8-week section	1
MSN 646/647 Psychiatric Management Across the Life Span • 16 weeks • 180 Clinical Hours	3/3	MSN 649 PMHNP Practice Practicum • 16 weeks • 240 Clinical Hours	4

	10		6

Total Credit Hours 42
Total Clinical Hours: 600



MSN Program: Psychiatric Mental Health Nurse Practitioner
Sample Part Time Plan of Study (Fall Admission)

Year 1

<u>Fall Semester –</u>		<u>Spring Semester –</u>	
MSN 504 Advanced Pathophysiology • 16 weeks	3	MSN 506 Ethical/Legal • 1 st or 2 nd 8-week section	3
MSN 508 Role of APN • 1st or 2nd 8-week section	1	MSN 525 EBP in Health Care 16 weeks	4
MSN 510 Advanced Pharmacology • 16 weeks	3		
	7		7

Year 2

<u>Fall Semester –</u>		<u>Spring Semester –</u>	
MSN 512/513 Advanced Assessment • 16 weeks • 60 Clinical Hours	2/1	MSN 642 Advanced Psychopharmacology • 16 weeks	2
MSN 640 Family & Child Dynamic • 8 weeks	3	MSN 644/645 Counseling & Psychotherapy • 16 weeks • 120 Clinical Hours	2/2
	6		6

Year 3

<u>Fall Semester –</u>		<u>Spring Semester –</u>	
MSN 502 Leadership • 1st or 2nd 8-week section	3	MSN 529 EBP Project Design & Implementation • 16 weeks	1
MSN 528 EBP Project Design & Implementation • 16 weeks	1	MSN 626 Role of APN II • 1st or 2nd 8-week section	1
MSN 646/647 Psychiatric Management	3/3	MSN 649 PMHNP Practice Practicum	4

Across the Life Span <ul style="list-style-type: none"> • 16 weeks • 180 Clinical Hours 		<ul style="list-style-type: none"> • 16 weeks • 240 Clinical Hours 	
	10		6

Total Credit Hours 42
Total Clinical Hours: 600



MSN Program: Post-Master's Psychiatric Mental Health Nurse Practitioner
Sample Full Time Plan of Study (Fall Admission)

Year 1

<u>Fall Semester –</u>		<u>Spring Semester –</u>	
MSN 508 Role of APN <ul style="list-style-type: none"> • 1st or 2nd 8-week section 	1	MSN 642 Advanced Psychopharmacology <ul style="list-style-type: none"> • 16 weeks 	2
MSN 640 Family & Child Dynamic <ul style="list-style-type: none"> • 8 weeks 	3	MSN 644/645 Counseling & Psychotherapy <ul style="list-style-type: none"> • 16 weeks • 60 Clinical Hours 	2/2
	4		6

Year 2

<u>Fall Semester –</u>		<u>Spring Semester –</u>	
MSN 646/647 Psychiatric Management Across the Life Span <ul style="list-style-type: none"> • 16 weeks • 180 Clinical Hours 	3/3	MSN 626 Role of APN II <ul style="list-style-type: none"> • 1st or 2nd 8-week section 	1
		MSN 649 PMHNP Practice Practicum <ul style="list-style-type: none"> • 16 weeks • 240 Clinical Hours 	4
	6		5

Total Credit Hours: 21
Total Clinical Hours: 540

Admission to Master of Science in Nursing Program

Admissions Department

The Admissions office is the gateway to accessing college programs. All prospective students are strongly encouraged to visit with one of the admissions counselors of Cox College. Prospective students may call 417-269-3038 or 417-269-3069 to make an appointment with an admissions counselor.

Early application to Cox College is encouraged. An application may be obtained online, in person at the college, or by calling 417-269-3401 and requesting an application. Applicants will be notified of their admission status after all documentation required for admission has been received.

For more information, please contact the Cox College Admissions office (417-269-3401). The Admissions office is open Monday through Friday, 8:00 a.m. to 5:00 p.m. The mailing address is:

Cox College
Admissions Office
1423 N. Jefferson Avenue
Springfield, Missouri 65802

US Citizenship

Applicants must be a US Citizen or hold a Permanent Residency Card to enroll at Cox College.

Requirements Prior to the First Program-Specific Course

The following requirements must be completed before beginning program-specific courses (unless otherwise noted in the specific program).

1. Immunization Requirements:

- a. **Tetanus/Diphtheria/Pertussis** – Current Tetanus/Diphtheria (TD) immunization status (booster required every ten years) AND documentation of one dose of adult pertussis vaccine (Tdap)

- b. **Varicella** – Initiation or completion of vaccine series OR laboratory confirmation of immunity
 - c. **Hepatitis B** – Initiation or completion of vaccine series OR laboratory confirmation of immunity
 - d. **Measles/Mumps/Rubella (MMR)** – Initiation or completion of vaccine series OR laboratory confirmation of immunity.
 - e. **Tuberculosis Screening (TB)** – Documentation of current TB screening
2. Additional Requirements for program admissions:
- a. Negative drug screen
 - b. Clear background check
 - c. Acceptance of functional abilities requirements (provided by the Admissions office)
 - d. Signed compliance of CoxHealth Blood/Body Fluid Exposure policy
 - e. Completion of the American Heart Association (AHA) Basic Life Support (BLS) for Healthcare Providers course or equivalent which is limited to the Military Training Network or the Heart and Stroke Foundation of Canada. No other life support programs will be accepted as equivalents. This training must be obtained prior to enrollment
 - f. Uniform information obtained and uniforms ordered (if applicable)
 - g. Current unrestricted RN licensure in state of clinical practice (RN to BSN and MSN students only)

Disqualification of Application

Applicants are not eligible to apply to any program if:

- ✧ The applicant has previously failed the drug screen two previous times for Cox College.
- ✧ The applicant has previously failed the background check for Cox College.
- ✧ The applicant has declined acceptance into any program two previous times.
- ✧ The applicant did not follow through with the drug screen, background check and/or payment of acceptance fee for two previous acceptances into a program.

American Heart Association (AHA) Basic Life Support (BLS) for Healthcare Provider Course Requirement

Prior to enrollment in program-specific courses, the student must have successfully completed the AHA BLS for Healthcare Provider course. It is the responsibility of the student enrolled at Cox College to maintain certification in lifesaving techniques at the health care provider level, as designated by the American Heart Association. For additional information, contact the Admissions department or refer to the Life Support section of the Cox College Web site.



COX COLLEGE
CoxHealth

MSN Program Admissions Check List

Applicants to the MSN program at Cox College must:

- Hold a current, un-encumbered RN licensure
- Have a cumulative GPA of 3.0 or greater on professional component courses (BSN level work).
GPA of 2.5-2.9 may be considered for provision admission upon discretion of faculty.

Application deadline for the program:

- | | | |
|---|------------------------------------|---|
| • Family Nurse Practitioner Track | Fall – March 1st | Spring – September 15th |
| • Psychiatric Mental Health Nurse Practitioner Track | Fall – March 1st | Spring – September 15th |
| • Nurse Education Track | Fall – March 1st | |

- 1. Complete & submit the Cox College application along with \$50 application fee through one of the following methods. If you are a Cox College or Burge graduate you are not required to pay the \$50 application fee.
 - Complete the application online at www.coxcollege.edu
 - Attend one of our Open House events
- 2. Request that **all** official transcripts be sent to Cox College.
 - Transcripts from **ALL** colleges/universities in which you have completed college level courses.
 - It can take up to 3 weeks for us to receive your transcripts once a request is submitted.
- 3. Submit a copy of your updated Curriculum Vitae (CV).
- 4. Submit a copy of your current un-encumbered RN license (a PDF from Nursys is sufficient)
- 5. Submit **two** letters of recommendation.
 - Letters must be signed and received directly from the recommender via email with a signed pdf or mailed in a sealed envelope to Cox College.
 - i. One letter must be from a direct supervisor or faculty member, speaking to your experience and likely success in the program.

- ii. One letter must be from a physician, whom you've collaborated with, speaking to your likely success as an FNP or NE.
- 6. Submit program specific essay. Submission of the essay needs to be in the latest APA format (scholarly references are expected). No greater than 500 words total.
 - FNP track: Discuss the scope of practice, collaboration, and prescriptive authority of the rural Family Nurse Practitioner.
 - PMHNP track: Discuss the scope of practice, collaboration, and prescriptive authority of the Psychiatric Mental Health Nurse Practitioner.
 - NE track: Summarize your philosophy of teaching. Utilize four of the NLN core component for nursing education.
- 7. Complete your FAFSA application at www.fafsa.ed.gov. Our school code is 013877. *Not required but recommended.*

Priority service date: A minimum of 4 weeks prior to the start of the semester.

 - Visit www.FederalStudentAid.ed.gov for more info on financial aid.
 - Contact our Financial Aid Department at 417/269-3401 for assistance.

Post-Masters Certificate Requirements:

- Completed Masters of Science in Nursing (MSN) from an accredited institution
- Completed MSN Core Courses (within the last 5 years):
 - Advanced Pharmacology
 - Advanced Physical Assessment
 - Advanced Physiology & Pathophysiology
- Completion of all the MSN graduate application requirements (as listed above)

Application Materials may be mailed or emailed to:

Cox College – Attn: Admissions
1423 N. Jefferson Avenue
Springfield, Missouri 65802
admissions@coxcollege.edu

After the Application Deadline:

Those with complete files will be contacted to schedule a phone interview.

Once Accepted:

- Proof of Immunizations will be required. Full listing of requirements can be found in the Cox College Catalog and the Student Handbook. This information will also be sent after acceptance into the program.
- Submit a copy of current AHA BLS for Health Care Provider Certification.

Admission and Selection Criteria

Candidates are considered for admission into the MSN program based on the completion of the Cox College application requirements. Once a candidate has been notified of an offer for admission into the MSN program, a nonrefundable acceptance fee (includes background check and drug screen) must be submitted. After receipt of this fee, the student may register for classes according to the academic calendar. A positive drug screen or compromised background check may result in rescinding the student's acceptance into the program.

Requirements Prior/Concurrent to/with the MSN Program

- ✧ Verification of immunizations and additional requirements (see Admissions – Requirements prior to first department-specific course) must be provided by all MSN students **prior** to the start of the first graduate course
- ✧ Current and maintained unrestricted RN license
- ✧ Attendance of MSN program orientation
- ✧ Annual education on Blood Borne Pathogens
- ✧ Up-to-date vaccinations while in the program
- ✧ Log every clinical practicum patient encounter into Typhon

Recommendations of the MSN Program

- ✧ Obtain associate (student) membership in AANP or NLN (if NE)
- ✧ Professional activities attendance (APNO, NLN conferences, etc.)
- ✧ Working part-time or PRN while in school (we recommend against full-time employment)
- ✧ Relevant clinical nursing experience for at least a year prior to starting MSN courses
- ✧ Devoting adequate study time of at least 3 hours per week for each credit hour taken
 - Example: taking 9 credit hours= at least 27 hours of study time per week