

Arête

SPRING 2014
VOLUME 3

On Tuesday, April 22nd **Cox COLLEGE** was well represented at the **SALUTE TO NURSES** event held in the University Plaza Hotel and Convention Center's Grand Ballroom. **Joey Sly**, a Burge School of Nursing alumnae and Cox College employee, received the Community Outreach Award, and nursing student, **Sarah Kipper**, was a scholarship finalist receiving a \$500 gift. We are very proud of both of these individuals on their accomplishments!

Salute to NURSES

Joey Sly received the Community Outreach Award



Sarah Kipper, nursing student, was a scholarship finalist



Greetings from the President

Dr. Lance Ratcliff

Greetings and good tidings from Cox College! I hope our Spring newsletter finds you doing well and enjoying the warmer temperatures. It is

always an honor to update you on recent, current, and future events, and Cox College sincerely appreciates your continued interest and commitment.

This semester's graduates are another group of outstanding students who are embarking on careers, using their knowledge and skills to improve the health of our communities. Just as our graduates commence with the next chapter in their lives, Cox College begins its next phase of success by implementing the new Strategic Plan. Admittedly aggressive, the Plan outlines initiatives that will guide us through 2018.

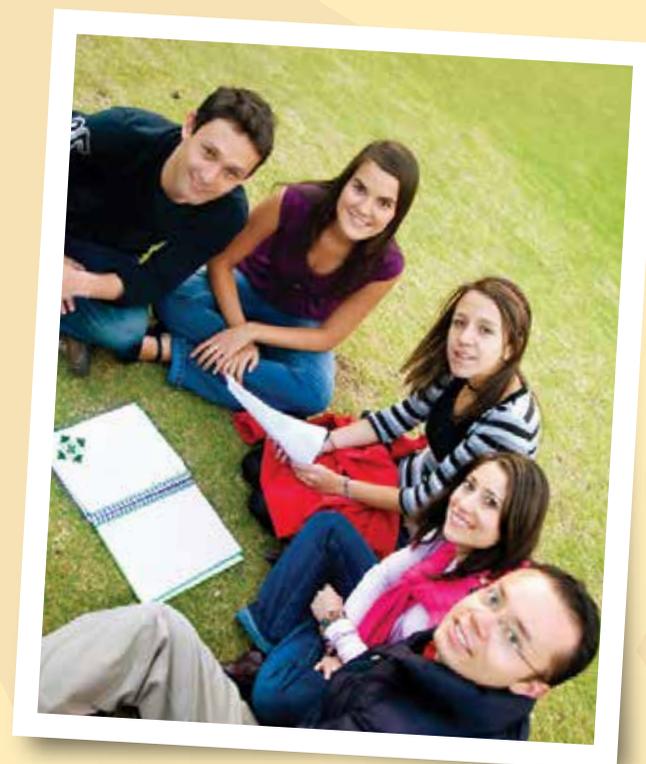
Coinciding with the development of our Strategic Plan is continued preparation for the Higher Learning Commission's reaccreditation visit next March. The College's Self-Study is a primary focus for this visit, and the document serves as a great tool for assessment of the institution, including recognition of areas in which further attention is needed. Everyone's role in

the Strategic Plan and the Self-Study is equally important, and there continues to be tremendous input and collaboration across the workforce.

Joining Cox College to help guide these enterprises and many more is Dr. Amy DeMelo, our new Vice President of Academic Affairs & Institutional Effectiveness. Dr. DeMelo will begin her duties on June 2, 2014, after completing her current contract as Director of Springfield Catholic Schools and Principal of Springfield Catholic High School.

Obviously, we have some big-ticket items occurring at the College, and what is most exciting is the way in which those items spur new and/or improved ways for us to meet the educational needs of students and the health care community. Thank you for your continued interest and support!

Cox College is committed to excellence by meeting the educational needs of students and the health care community.





Vice President Student Services

David Schoolfield

The 2014 spring semester has been a wonderful semester. This spring we have 843 students, and we are in the process of pre-registering our summer and fall students. Our summer enrollment is looking strong, and we are anticipating a very good fall enrollment. Our fall enrollment projection is 870. We are excited about our continuous growth, and all of the exciting things going on here at the College.

One area of concern for any college or university is its student loan default rate. This is an area that is constantly monitored by the financial aid area. I am very proud to report that our projected student default rate is 9.2, which is well below the national average of 14.7. To have a student default rate like ours is no small task. It is accomplished through the strong team work of everyone within the college. Vicki Jacobson of the financial aid department is the driving force behind our default rate. She manages a grant from the Missouri Department of Higher Education that helps fund some of our efforts in this area. Vicki and the financial aid staff take a very proactive approach to working with our students in helping them understand the importance of managing their indebtedness. Currently, the Department of Education offers up to seven (7) different loan repayment options to fit every budget. If you would like further information please contact Vicki Jacobson at 417/269-3458.

Our RN-BSN program continues to be a very attractive and strong program. Our RN-BSN program is all online and does not include any clinical time. You may want to check this program out, if you are thinking about getting your BSN. Contact Lisa McClure at 417/269-8481.

The Bachelor of Science in Diagnostic Imaging (BSDI) continues to grow. We have 31 students again this spring, and we are expecting more growth in the coming semesters. If you know someone interested in receiving their Bachelor's degree in this area, please have them contact Tad Morris at 417/269-1074.

We have a great team in the Student Services area that covers many aspects of the College – Academic Resource Center, Admissions, Financial Aid, Library, Records and Registration – we are always ready and willing to assist in any way possible. Please feel free to stop by or contact us any time!





Interprofessional Simulation and **Education Center (IPSEC)**

Dr. Jennifer Posey, Dean

Education Center

Did you know that the Education Center provides a significant amount of education free to the CoxHealth workforce each year? It is amazing when specifically calculated how much value that actually provides to the organization. For 2013, the market value of the education services provided by Cox College's Education Center for the CoxHealth employees was equal to \$616,319.

The team also serves the greater healthcare public, including students. One large component of their team's work is to serve as an American Heart Association (AHA) Training Center (TC). Since 1997, the CoxHealth Training Center has trained over 120,000 students in life support programming. The customers receive the finest AHA program delivery as several of our instructors have been recognized statewide for training excellence. In 2013, the team realized a 21.7% percent increase in numbers served via Life Support Training. This is truly a testament to their dedication and service to continue to provide high quality CPR across the SW MO region's communities.

The 2014 Fall conference details are updated at www.coxcollege.edu as they evolve. Upcoming conferences are:

- 2ND ANNUAL OZARK NEUROSCIENCE NURSING EDUCATION CLINICS** - Thursday, August, 7, 2014, Friday, August 8, 2014 and Saturday, August 9, 2014 at Big Cedar Lodge, Branson, MO
- 15TH ANNUAL PEDIATRIC CONFERENCE** - Tuesday, August 26, 2014 at Ramada Oasis Hotel and Convention Center
- MEDICAL-SURGICAL CERTIFICATION REVIEW COURSE** - Thursday, September 18, 2014 and Friday, September 19, 2014 at Hulston Cancer Center, Dogwood/Magnolia
- STEVEN R. HALL MD TRAUMA SYMPOSIUM** - Thursday, October 2, 2014, Friday, October 3, 2014 and Saturday, October 4, 2014 at Big Cedar Lodge, Branson, MO
- SPORTS MEDICINE CONFERENCE** - Saturday, November 8, 2014 at Meyer Conference Room

The US billing and coding system will see a significant upgrade in 2014 for how patient care is documented. According to the American Medical Association, "The differences between ICD-9 and ICD-10 are significant and physicians and practice management staff need to start educating themselves now about this major change so that they will be able to meet the October 1, 2014 compliance deadline." ICD-10-CM codes, designated for use in documenting diagnoses, will grow from 14,000 codes to 68,000 and the ICD-10-PCS (procedure codes) expand from 4000 to a total of approximately 87,000 codes. The Education Center is actively planning for education that will be made available to better prepare those professionals affected with this massive change.



Simulation Center

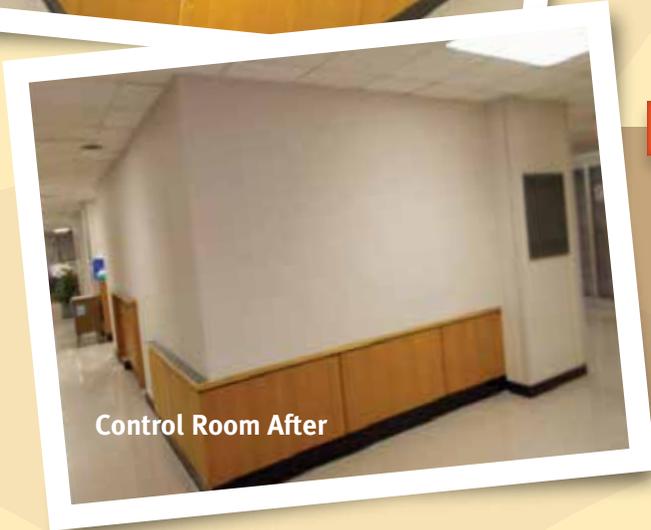
The simulation center has a new centralized control room, complete with two functional control stations that will operate five simulation rooms. Each simulation room is outfitted with two Pan Tilt Zoom cameras, one fixed camera, and audio providing better views and functionality to the scenarios. New software, SimView, has been installed that will offer more versatility to simulation and debriefing activities. Simulation can be integrated into the classroom as a result of the live video streaming and recording capabilities. In addition, two debriefing rooms have been equipped with interactive projectors, computers, and whiteboards to enhance student's debriefing experiences.





Control Room Before

The SIM team has a new high fidelity manikin added to the College's Sim family tree. **SIMMAN[®] ESSENTIAL** is a realistic, full-body adult, wireless patient simulator. **SIMMAN[®] ESSENTIAL** offers comprehensive clinical functionality to teach the core skills of airway, breathing, cardiac and circulation management. With the addition of this manikin, even more students can be trained and tested during one setting which adds great efficiency to the learning processes and less down time, which results in higher student and faculty satisfaction.



Control Room After

Contact Us

For detailed information or to register for the courses, visit the "Continuing Education & Life Support" page at www.coxcollege.edu. You may also contact us by phone: 417-269-4117 or via e-mail: educationcenter@coxcollege.edu.

Volunteer Tutors Needed

The **Academic Resource Center at Cox College** is looking for volunteer tutors for our nursing and health sciences programs. We are particularly looking for those who have graduated from approved programs of study and have achieved licensure, certification and/or a degree in their field of study. While we are in need of upper-level tutors,

we also need tutors for beginning nursing and health sciences courses. You can tutor for as few or as many hours as you want!

Please contact the ARC by phone at 269-3225 or e-mail at studentservices@coxcollege.edu. We hope to hear from you!

Student Emergency Fund

Cox College began a **Student Emergency Fund** early last year, and it has become an extremely beneficial resource to our students who have sudden financial needs. For instance, earlier this semester, the spouse of a student passed away, and Cox College was able to provide the student with a Visa gift card to cover some emergency costs. This student was appreciative, to say the least.

If you would like to contribute to the Student Emergency Fund, please use the envelope inside the newsletter and denote "Student Emergency Fund" on your check. Your help will be greatly appreciate.





Interprofessional Research and Graduate Studies

Dr. Kathleen Jackson, Dean

Greetings from the Graduate Division at Cox College! We have a lively mix of graduate opportunities in our three programs: Masters of Science in Nursing (MSN), Masters of Nutrition Diagnostics/Dietetic Internship (MND/-DI), and Masters of Occupational Therapy (MSOT).

In nursing we are exploring the addition of a Family Mental Health Nurse Practitioner track. Psychiatric Nurse Practitioners are in high demand throughout the country and this program seems like a good fit for Cox College. Stay tuned for updates.

The first cohort of the MND/DI program is entering its second year in the fall. A new cohort will begin the program at that time as well. Plans for this program include adding a Wellness track.

We are continuing to develop the MSOT program and search for faculty. It is hoped that the first cohort will begin in 2015.

As a division, we are rewriting our graduate mission statement and looking for ways to further devise and implement interprofessional education methodologies into our courses and routines. One place to start was the Common Reader Program which was held on April 2 at Foster Auditorium. This event featured a diverse panel of experts on the subject of diabetes, including one of our own MND/DI students. Also on the panel were two young men with diabetes who contributed real life perspective to the discussion. A wide variety of healthcare professionals, faculty, and students attended. In May, Kathleen Jackson, Kristen Williams, and Michelle Masengill will attend an IPEC Conference in Herndon, VA as Team PROFS (Peers Reinventing Opportunities for Faculty and Students) to devise a plan for IPE implementation. Go Team Cox College PROFS!



COX COLLEGE
CoxHealth





Interprofessional Undergraduate Studies

Sonya Hayter, Dean

Greetings! As we start to wind down another successful academic year at Cox College,

it is quite certain we can characterize this year as a year of meaningful steps forward. From the implementation of our new organization chart that began last Fall, to the enormous work that has begun on our Higher Learning Commission reaccreditation site visit planned for 2015, it has been a very busy year.

Continually looking at best practices, faculty from each department in the undergraduate division strives to incorporate the most effective and meaningful way to deliver a quality education to our students. One way has been to offer more interprofessional learning opportunities in which our students from different disciplines learn alongside each other in our Simulation Center. Nursing and Radiography technology faculty have been doing just that. Working together, these two teams of educators have provided real-life scenarios resulting in an optimal learning experience of best practices for patient care. Keep watching for continued growth in the area of interprofessional education in our undergraduate division. Additionally, we are also looking to increase our opportunities for interprofessional education class offerings as well.

Our Administrative Clinic Professions (ACP) Department housing Medical Transcription, Medical Assisting, and Medical Billing and Coding also continues to see steady growth. Currently, the Coding program has 15 students slated to begin this Fall. Of interest, two students in the current class have passed their Certified Coding Specialist and Certified Professional Coder exam even before graduating thus giving them a huge jump start in their chosen profession.

Radiologic Sciences and Imaging (RSI) Department also experiencing growth has 23 new students scheduled to begin this fall in the Associate of Science Degree in Radiography and 18 applying to enter the newest program in our division for Fall, the Bachelor of Science in Diagnostic Imaging Program, with every indication that growth will continue.

Our RN-BSN Department has also seen exponential growth currently having over 150+ students enrolled in the program. Many of those students are CoxHealth employees electing to complete their bachelor's degree in nursing. Being completely online, we are looking to expand our program reaching students throughout the state of Missouri and into Arkansas.

In May we will take another group of students to Haiti for our Cross Cultural Healthcare class. Being a very rewarding experience for students, this trip focuses on developing a greater understanding of diverse cultures through a supervised experience in the Haitian Country. Additionally, we hope to continue looking at ways to increase these cultural learning experiences for our students.

As you can see there are many opportunities in the Undergraduate Division at Cox College for students desiring to enter the medical field. And while these are only a few examples, there are many great things going on at Cox College. Hardworking faculty and staff who are dedicated to our mission of "meeting the educational needs of students and the healthcare community" is practiced every day. We are more excited than ever about what's happening at Cox College. We invite you to

NEW EMPLOYEES

Cox College Welcomes New Faculty & Staff

Samantha Bennett

Samantha “Sam” Bennett joins Cox College as an Assistant Professor in the Nursing Program. A graduate of Missouri State University, she then received a Masters in Nursing Education from Western Governor’s University. Sam has worked in both the Emergency Department and Cardiovascular Intensive care at Cox South and is very excited to stay within the Cox Family. She enjoys running, reading science fiction, and eating!

Jerri-Anne Bullin-McDermith

Jerri-Anne is the new Simulation Coordinator for the Drury University collaboration project in Cabool, Missouri. She received her Nursing Diploma at Barnes Hospital School of Nursing in St. Louis in 1987, has her BS in Biology from St. Louis University. In May, Jerri-Anne graduates with her MSN-Ed from Liberty University in Lynchburg, VA. Jerri-Anne has a breadth of nursing experience that includes: spinal cord injury rehab, oncology and bone marrow transplant, medical/ surgical nursing, home health, hospice, and long term care. She is very excited about the educational opportunities for nursing through simulation and spent 10 weeks of her practicum experience in simulation. Jerri-Anne lives in Summersville, MO, and she loves to read, play music, and kayak on the Ozark National Scenic Riverways.

Carol Conley

Carol will be Cox College’s Nursing Coordinator and Assistant Professor for the Drury University collaboration project in Cabool, Missouri. Carol has a BSN from Missouri State University and MBA from Southwest Missouri State. She is a certified in Neonatal Intensive Care Nursing and is a certified Medical Coder for hospital and physicians. Her experience includes Neonatal Intensive Care, Women’s Health Educator, Nursing Supervisor, Director Clinics and Director Audit and Compliance. Carol enjoys reading, training service dogs, gardening, crocheting, yoga and the St. Louis Cardinals. This summer starts the first BSN nursing classes at Cabool.

Katherine Daigle

Kate graduated from Missouri State University in 2008, with a major in English Literature and a minor in Library Science. For the last three years, she has worked within the CoxHealth System at Springfield Neurological and Spine Institute as the telephone operator, and she transferred to Cox College as a library technician. She previously worked for the Springfield-Greene County Library as a Youth Services/Branch Associate. In her free time, Kate enjoys writing, reading, playing games, collecting comics, cross-stitching, and going to the movies and rock concerts with her husband.

Angela Duvall

Angela joins Cox College as a Financial Aid Counselor. She and her family moved from Moberly, MO to Springfield last summer so that they could enjoy the “Ozarks life”! She worked in Student Services at the community college in Moberly for 12 years. Angela received her Bachelors in Business Administration and her Masters of Business Administration from Columbia College. She and her husband, Stephen, have two daughters—Ashlynn (10) and Audrey (7), and one son—Skyler (2).

Angela Ford

Angela graduated from Burge School of Nursing (now Cox College) and Drury University. In 1997, she received a Master of Public Administration from the University of Missouri. In 2013, she retired after a 35 year career in public health. During her public health career, she served at both the local and state level in various positions from public health nursing, local public health administrator, medical case management, bureau chief for special needs children, and as the central district health director. In her last position with the Missouri Department of Health and Senior Services, she served as Missouri’s Strategic National Stockpile Program Manager. While there she developed Missouri’s statewide response plan for a biological disaster event, as well as the smallpox vaccination program for healthcare workers. Although she retired from one career, her physiology is people need to be constant learners. She is grateful to have a second career with Cox College where she can continue to be a constant learner. Angela has two daughters and three grandchildren. She is a native of Springfield and loves spending time on the lake. She currently resides in Lampe on Table Rock Lake.

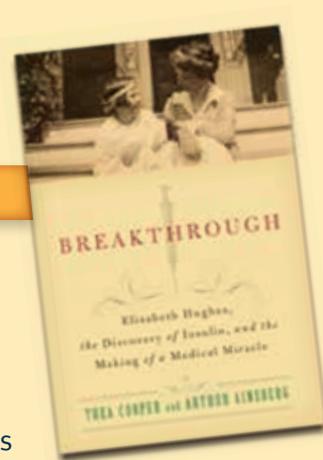
Alisa Hill

A native Texan, Alisa moved to Missouri in 1989 and attended the paramedic program at St. John’s (now Mercy). She and her husband are both registered paramedics, and they live outside of Everton on a working, 85 acre farm with beef cattle, chickens, and horses. They have 5 children ages 15, 16, 27, 29, and 34. Alisa enjoys crocheting and fixing anything that is broken. In addition to working at CoxHealth in Prehospital as a ground paramedic and educator teaching Prehospital Trauma Life Support, Alisa joined Cox College in the Education Center as an Enterprise Educator for ACLS, PALS, and BLS.

LeeAnn Kluth

LeeAnn graduated from Missouri State University in 2000 with a degree in Advertising /Marketing and worked as a graphic designer before returning to school to pursue Nursing. She graduated from Cox College in 2010 with a Bachelor of Science in Nursing and recently completed her Masters of Nursing Education from Southwest Baptist University in December of 2013. Since graduating from Cox College, LeeAnn has been employed as an ER nurse and ER/ICU educator for both the Mercy and CoxHealth systems. As a native of southern California, LeeAnn is passionate about the beach, the Dodgers, and the Raiders, and she asks you not hold this against her! She has two girls who both play volleyball on travel teams and a Weimaraner that keeps her very busy outside of work. She is very excited to be joining such an “amazing team” here at the College.

Common Reader *Event*



There were approximately 75 in attendance on Wednesday, April 2nd, as Cox College hosted a special panel presentation which focused on our fifth common reader program selection, ***BREAKTHROUGH, Elizabeth Hughes, the Discovery of Insulin and the Making of a Medical Miracle*** by Thea Cooper and Arthur Ainsberg, in the Foster Auditorium at Cox South. The presentation was open to the community, hospital personnel and all Cox College constituents.



The panel consisted of seven participants: Dustin Reaves (Student with Type 1 Diabetes), Brandi Klepper, PhD (Psychology Instructor, Drury University), Laura Fallert (MND Student), Brenda Lehr, RN, CDE (Instructor, Cox College), Dana Tindell, RN, CDE (CoxHealth Diabetes Center), Jonathan Wallender (Student) & Berlyn (Service Animal), and Dave Carson (Biology Instructor, Cox College). Dr. Kathleen Jackson, Dean of Interprofessional Research and Graduate Studies facilitated the discussion.

The story of Breakthrough is the touching true story of a medical breakthrough in the 1920's when the only acceptable treatment for diabetes is starvation. Breakthrough details one of the most important scientific discoveries of our time, bringing to life those who made it happen and those whose lives were changed forever. The story of Breakthrough addresses issues such as ethics, authentic historical detail and health care

research that impact all health care providers and families affected with diabetes.

The common reader program seeks to enhance camaraderie between students and their college community through the promotion of student success activities such as reading, writing and critical thinking. It also provides a common educational experience for general education and program-specific courses, connecting students to each other, to faculty, to other members of the college and to the educational goals and mission of the college.

Diabetic focused refreshments were served immediately following the presentation.



Recognition and Volunteering

Cox College student Cody Triplett selected to participate in ASRT Student Leadership Development Program



Cody Triplett, an Associate of Science in Radiography student, has been selected to participate in the American Society of Radiologic Technologists (ASRT) 2014 Student Leadership Development Program.

The ASRT represents more than 152,000 members who perform medical imaging procedures or plan and deliver radiation therapy treatments. The Society also provides radiologic technology students with the tools, services and support they need to prepare for careers in medical imaging and radiation therapy.

Cody will receive an all-expenses-paid trip to the ASRT Educational Symposium and Annual Governance and House of Delegates Meeting, June 26-29, in Orlando, Fla. In addition, Cody will attend two educational courses specifically designed for students and be assigned a professional mentor during the House of Delegates meeting.

Cody was one of 75 radiologic science students from around the country chosen to participate in the program.

“The Student Leadership Development Program provides medical imaging and radiation therapy students with insight into the ASRT governance process,” said ASRT President Julie Gill, Ph.D., R.T.(R)(QM). “While in Orlando, students will network with radiology leaders, participate in educational

activities and learn from seasoned radiologic technologists. It’s a great way for students to get involved early.”

Congratulations, Cody – Cox College is proud to have your representation in Orlando!

ASR Student Volunteers

On Friday, March 14 the Associate of Science in Radiography (ASR) program took all 45 students and the three faculty members to the Musgrave Center of the Boys and Girls Club to volunteer their time with the youth at the center. The students played basketball, 9-square, hula-hoops, carpet ball, air hockey, pool, etc. with the kids. The ASR students also colored, helped build Lego structures, worked in the technology center with the children, enjoyed lunch, and made some instant connections. In fact, several of children were sad to see the ASR students leave. The staff at the Musgrave Center said the kids really enjoyed having the ASR students volunteer for the day and that this was the highlight of day for many. This day left made a lasting impact on both our ASR students and the kids at the Musgrave Center of the Boys and Girls Club. A big THANK YOU to our ASR students for volunteering their time!



HLC Accreditation 2014-2015



In March 2015, Cox College will undergo a reaccreditation site visit directed by the Higher Learning Commission (HLC) of the North Central Association of Colleges and Schools. The HLC currently accredits Cox College and hundreds of other higher learning institutions in a 19-state region.

Cox College has been accredited by the HLC since 1999, thereby ensuring our institution maintains the highest level of quality in all areas of education and operation, including: teaching and learning, governance and administration, financial stability, student services, and all stakeholder relationships.

Updates about our current self-study and the reaccreditation process as a whole will be available periodically at coxcollege.edu. Information about the Higher Learning Commission is available at ncahlc.org.

It is important for Cox College to have involvement at all levels – Alumni, Board Members, Community Members, Faculty, Staff, and Students. Please review the Criterion Teams below. If you would like to be involved, please contact the chairperson directly.

Criterion One – Mission

The institution’s mission is clear and articulated publicly; it guides the institution’s operations.
 Chair: Todd Rutledge – Todd.Rutledge@coxcollege.edu or 417/269-3873
 Meeting Day – Monday Mornings, as needed

Criterion Two – Integrity: Ethical and Responsible Conduct

The institution acts with integrity; its conduct is ethical and responsible.
 Chair: Tad Morris – Thaddeus.Morris@coxcollege.edu or 417/269-1074
 Meeting Day – Friday Mornings, as needed

Criterion Three – Teaching and Learning: Quality Resources, and Support

The institution provides high quality education, wherever and however its offerings are delivered.
 Chair: Heather Stockford – Heather.Stockford@coxcollege.edu or 417/269-3862
 Meeting Day – Wednesday Mornings, as needed

Criterion Four – Teaching and Learning: Evaluation and Improvement

The institution demonstrates responsibility for the quality of its educational programs, learning environments, and support services, and it evaluates their effectiveness for student learning through processes designed to promote continuous improvement.
 Chair: Jo Ellen Branstetter – Jo.Branstetter@coxcollege.edu or 417/269-8317
 Meeting Day - Thursday Mornings, as needed

Criteria Five – Resources, Planning, and Institutional Effectiveness

The institution’s resources, structures, and processes are sufficient to fulfill its mission, improve the quality of its educational offerings, and respond to future challenges and opportunities. The institution plans for the future.
 Chair: Lance Ratcliff – Lance.Ratcliff@coxcollege.edu or 417/269-3667
 Meeting Day – Friday Afternoons, as needed

HLC Timeline

DATE	DESCRIPTION
August 2013	College-wide HLC Self-Study kick-off at convocation
February 2014	First rough draft of Self-Study due to Steering Team
April 2014	Representatives of HLC Steering Committee attend HLC Annual Meeting and provide information to Criterion Teams
May 2014	Second rough draft of Self-Study and submit to Steering Team
August 2014	Final rough-draft of Self-Study Report submitted and reviewed by Steering Team
October 2014	Self-Study Report completed Steering Team develops initial plan for site visit
November 2014	Self-Study sent for printing
December 2014	Self-Study received printer
January 2015	Self-Study mailed to HLC (date of mailing depends on date of site visit) Documents for resource room finalized
March 2 – 4, 2015	Site Visit



Mock DISASTER

Each semester the **Simulation Center** hosts a mock disaster scenario. Together with the Area Health Education Center (AHEC) 30-40 victims are moulaged (simulating mock injuries), triaged, and treated after a disaster or mass casualty incident occurs in the Springfield area. Students from each of the College programs are invited to participate as the mock disaster scenario provides wonderful opportunities for students to interact together in an interprofessional learning environment.

Learning objectives include:

- Prioritization
- Delegation
- Effective communication
- Teamwork
- Interprofessional collaboration
- Assessment and triage skills

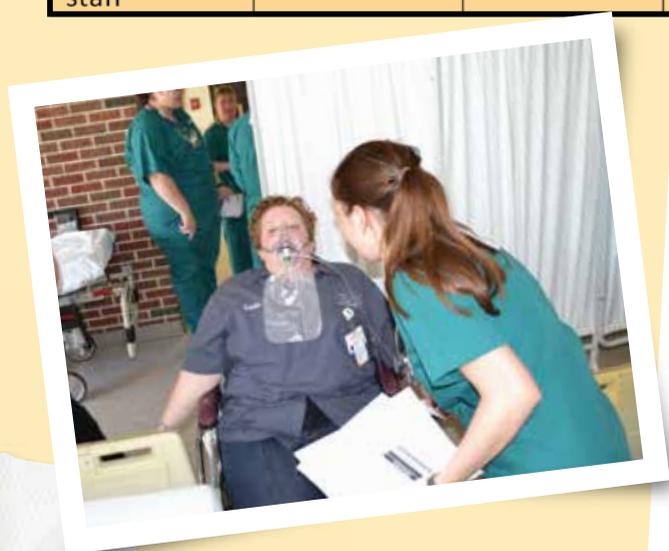
This semester, the Simulation Center partnered with **Scott Regional Technology Center (SRTC)** based in Monett, Missouri. Approximately 36 high school students and faculty members from the Occupational Health program participated as both victims and existing patients. This is a great opportunity for these students as they are preparing for a future career in health care. This partnership with SRTC provides students exposure to the opportunities that await them at Cox College.

A special 'thank you' goes to the staff members from AHEC for providing their time and talents to moulage our victims and patients! Other participants include: Cox College staff and faculty, CoxHealth chaplain and security, and volunteers from throughout CoxHealth and the community. We had our highest participation rate this semester with over 160 participants!





Spring 2014 Disaster Scenario Participants					
	Radiology	Nursing-ASN	Nursing- BSN	Medical Assisting	Other
Cox College Students	42	32	21	9	
Cox College Faculty	1	4	3	1	
AHEC					3
Cox College Staff					6
SRTC					36
Community Volunteers					2
CoxHealth staff					1





Alumni Spotlight

Stephen Graff, RN, OCN, has recently assumed duties as the permanent nurse manager for 500 West and OP Oncology, where he has functioned as the interim nurse manager since November, 2013. He was previously as an assistant nurse manager on 5W with 10 years oncology experience. He is a 1990 graduate of Burge School of Nursing, and holds a BS in Accounting from Missouri State University. Stephen is certified in oncology nursing, active in the local ONS chapter, and he graduates from Cox College with his Bachelor of Science in Nursing in May 2014.

Featured Alumni

Alison Marie Szczawinski Class of 2010

In 2009, Alison received her Bachelor's of Health and Human Science with a double major in Dietetics and Nutrition Science, while also studying Pre-Medicine, from the University of Nebraska – Lincoln (UNL). In addition to maintaining Dean's List for six semesters, Alison also served as President/Captain of the UNL Women's Soccer Club where she developed her inherent leadership skills. Alison's dietetic advisor, Linda Young, RD, was the one who originally suggested Alison pursue acceptance into Cox College's Dietetic Internship program, as she knew Alison's medical background would make her a prime candidate.



Alison completed her Dietetic Internship at Cox College, which she said, "was ahead of its time in a lot of ways." "This program uniquely provided specialized training in identifying nutrient deficiencies through nutrient-focused physical exams," Alison said. During her time at Cox College, Alison continuously challenged both herself and her peers to push boundaries and expand the program. Alison's internship class was a part of the successful Commission of Dietetic Registration's Accreditation Review, which resulted in the program's full accreditation. To this day, Alison attributes most of her knowledge and development to this hands-on clinical practice.

After commencement in 2010, Alison decided to forego medical school, as she felt she could still impact health

preventatively as a dietitian. Alison achieved Registered Dietitian status by passing the national exam and accepted a position at St. Peter's Hospital in Albany, NY. Within six months, she moved to a senior position as the sole Nutrition Liaison for St. Peter's Cancer Center. Alison worked side by side with administrative staff and physicians to develop a nutrition education component as part of the chemotherapy and radiation standards of care. Alison found her niche working with this inspiring population to persevere treatment. She prides herself on simplifying healthy nutrition to be inclusive and fit anyone's lifestyle.

As she began to gain respect and recognition in the Oncology field, Alison was approached by the local chapter of the American Cancer Society to serve as their nutrition consultant. In this role, she gave presentations, demonstrated various recipes, served on a panel of experts and did individual coaching. This experience motivated Alison to form her own business, Pound of Prevention, LLC (POP), with co-founder Wendy Buell. POP aims to fill the outpatient nutritional void in the New York Capital District; mostly through corporate and community education events.

In 2012, Alison decided to transition from the hospital and became a Nutrition Consultant for Wellpoint, Inc. – one of the largest health insurance companies in the U.S. This position enables Alison to engage with people across the nation to impact their nutritional health needs. It also provides flexibility to promote the growth of her small business.

Alison remains in practice in the Capital District of New York as well as Western Massachusetts. She holds a clinical license in Massachusetts and is a New York state certified dietitian/nutritionist. She recently bought her first home in New York where she continues to use POP to try to empower others to improve their health through diet.





Executive Director of College Communications and Development

Todd Rutledge

As we welcome more than 180 new members to the Alumni Association of Cox College through

graduate this May, it is important to remember that each of you is an important part of the 107-year-old educational heritage of Cox College, and we want to strengthen that heritage by celebrating you and your accomplishments! Please make use of the envelope found within this newsletter to update your contact information and to let us know what's happening in your life.

There are numerous ways for you to stay involved and connected – by participating in class reunions, volunteering at the College, assisting with our bi-annual Open House events, by simply being a resource within

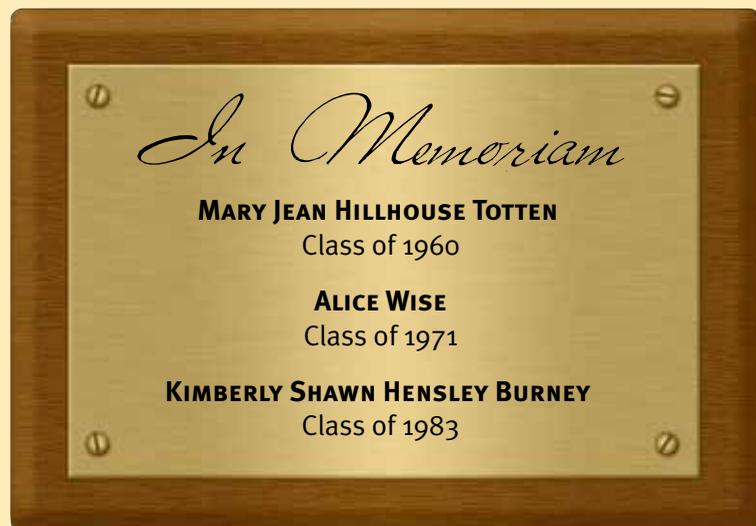
your area of expertise to our students, or by attending the annual alumni dinner schedule for Saturday, September 20th . There are always opportunities for involvement, and we want to keep you connected. Please let us know how you would like to become involved.

Always feel free to contact us with information, ideas, questions, or just to catch up on what's happening around the College.

Thanks in advance for your continued support!

Note to Alumni

We want to hear from you! Send any information on your career advancements, marriages, new births, deaths...anything you would like to share with your fellow alumni. This is your Alumni Association, and we are hoping you will contribute your suggestions for making it stronger. To participate or share any comments, e-mail us at alumni@coxcollege.edu or provide your information on the envelope in the newsletter.



Alumni Update

Iris Vernaud Ketcham, Class of 1983, and her husband are currently living in Sénégal, West Africa. Their oldest daughter, Nicole, is moving to Cairo, Egypt, their daughter, Jessica, is moving to Colorado to obtain her professional state license in counseling, and their son, Erie, and his wife are living in Virginia.





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Save the Date

ALUMNI WEEKEND
Saturday, September 20, 2014

A time for class reunions, reconnecting, and visiting your alma mater



The Cox College bookstore is pleased to announce the addition of Cox College Alumni logo apparel and these great frames for your certificate or diploma. These items will be available throughout the year.



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